

# Inserm Patients with schizophrenia experience less Field visual perspective during autobiographical memory recall





J. Potheegadoo<sup>1</sup>, F. Berna<sup>1</sup>, C. Cuervo-Lombard<sup>2</sup> & J-M. Danion<sup>1</sup>

<sup>1</sup>Unité INSERM 1114, Pôle Psychiatrie Santé Mentale, CHU de Strasbourg, France <sup>2</sup>Service de Psychiatrie d'Adultes, CHU de Reims, France



Contact: jevita.potheegadoo@chru-strasbourg.fr

#### Introduction

The visual perspective (Field or Observer) adopted during autobiographical memory retrieval has received increasing interest in clinical research, as it reflects individuals' self-attitude when they re-experience past personal events. Several autobiographical memory deficits have been shown in schizophrenia. However, visual perspective during autobiographical retrieval has not been investigated in these patients. During Field perspectives, the rememberer sees the scene through his own eyes, as in the original event, whereas during Observer perspectives, he sees himself in his memories from the point of view of an external observer. Field perspective is mainly reported for recent, vivid, specific and detailed events that can be mentally reexperienced, while Observer perspective is associated with remote, non specific and less detailed events.

### **Hypothesis**

Patients with schizophrenia would adopt fewer Field visual perspectives when recalling their past personal events

Due to impaired ability of conscious recollection and lack of specificity and details in memories

#### Methods



- > 30 patients with schizophrenia & 30 comparison participants
- 4 life periods explored
- ➤ 1: 0-9 years old; 2: 10-19 years old; 3: 20-1 years before test; 4: current year
- Recall of 6 autobiographical events per period
- > Associated visual perspective reported: Field or Observer **Field** 
  - > Assessment of memory specificity by 2 independent raters

Observer

# Results Field responses across life periods 1,00 Mean proportion of Field 0,80 responses 0,60 0,40 0.20 0,00 2 3 Life periods

## Specificity of memories 4,00 ■ Patients with Mean specificity score of schizophrenia 3,00 ■ Comparison participants memories 2,00 1,00 0,00 \* p < 0.05 \*\*\* p < 0.001

- Significantly less Field perspectives in patients, specially for events which occurred after the age of 20
- Patients' memories were significantly less specific and detailed than those of comparison participants

### **Discussion & Conclusion**

Our study is the first to show that during autobiographical recall, patients with schizophrenia visualized themselves as less active individuals in their memories by adopting fewer Field perspectives. It is apparent that all the important phenomenological aspects of re-experiencing autobiographical events are impaired in these patients. Our results indicate a weakened sense of self in patients with schizophrenia, suggesting that patients experience a distant self-position when recalling their memories. This comforts the notion of passive selfexperience well described in this pathology.